



DECODING THE GOLDEN RATIO OF BEAUTY

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# Bangalore Times

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MAHJI-JAY LODGE A POLICE COMPLAINT AGAINST COOK FOR THREATENING THEM

PAGE 3



Neil Nitin Mukesh

## The perception of an actor is based on his commercial success: Neil Nitin Mukesh

Onkar Kulkarni

**B**ack in 2007, Neil Nitin Mukesh made an unconventional Bollywood debut with *Johnny Gaddaar*. Over the years, he has not just acted in films, but has also written scripts and produced his first film *Bypass Road*. As an actor, he says that he strives to strike a balance between commercial projects and content-driven cinema. "I believe that in showbiz, I have to strike a balance. The truth is that, not just in our industry, but among the audience as well."

CONTINUED ON PAGE 2

## Deepika makes you feel like a friend, Ranveer empowers you: Siddhant

The actor, who has worked with both Deepika and Ranveer in different movies, shares what's unique about them



Siddhant Chaturvedi and (inset) Ranveer and Deepika

Renuka Vyavahare

**T**hough Siddhant Chaturvedi is relatively new to the industry, he has had the opportunity to share screen space with some of Bollywood's top stars. In his debut film *Gully Boy* (2019), he teamed up with Ranveer Singh, and he romanced Deepika Padukone in *Gehraiyaan*, which released earlier this year. Ask him if he was star-struck by any of the actors he worked with, and he says, "I was star-struck around Ranveer. The day after I saw *Padmaavat*, I had my first reading for *Gully Boy* with him. I was blown away by his portrayal of Alauddin Khilji. To play MC Sher with the actor who played Khilji was unnerving, but when I met him for the reading, he was completely Murad (Ranveer's character in *Gully Boy*). There was nothing Khilji-like about him. I was astonished by how easily and flawlessly he submits himself to his screen characters."

When asked how similar or different it is working with Ranveer and Deepika, Siddhant reveals, "Ranveer has a different way of making you feel comfortable. He has a way of empowering you. He charges you up. On the other hand, Deepika will stand quietly by your side and make you feel like an equal. She is simple and makes you feel like her friend. That's also comforting. You are not charged up, but you feel at ease. As MC Sher, I had to be charged up and motivated enough to motivate Murad. In *Gehraiyaan*, I had to be comfortable enough to romance Deepika. They have their own unique personality and traits. The common factor is that they both are incredibly helpful co-stars."

THEY HAVE THEIR OWN UNIQUE PERSONALITY AND TRAITS. THE COMMON FACTOR IS THAT THEY BOTH ARE INCREDIBLY HELPFUL CO-STARS

- Siddhant Chaturvedi

## Wedding Gift shows how men are exploited by women: Vikram Prabhu

Vinay Lokesh

**W**edding Gift marks the debut of Vikram Prabhu as director. The film touches upon the misuse of Section 498A, and has Sonu Gowda, Prema and Nishan Nanaiah in lead roles.

Talking about his journey into the film industry, Vikram says, "I began dreaming about films back in 2000, when I was an assistant director on films like *Love*. I had to quit mid-way due to financial issues, and worked in various cities like Dubai, Pune and Mumbai. But the passion to make films never died and that has finally resulted in me coming back to films with *Wedding Gift*."

Elaborating on the subject of the movie, Vikram adds, "There have been many incidents about how Section 498A, which is meant to protect women, has become a thorn in many families, and has led to many divorces. It has been used as a weapon to exploit men, and this leads to a courtroom drama in the film. I have tried to highlight how men are exploited by women,



Vikram Prabhu has been wanting to make a film since 2000; (above) a still from the film



as that is something that has not been explored much in the Indian films. A lot of research went into the subject. But my approach is not preachy, as I have included cinematic elements like situational comedy and suspense."

Vikram adds that the story revolves around Akanksha (Sonu Gowda), who files a complaint against her husband Vilas Rao, who is a rich businessman.



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# Making a difference with homeopathy

Namma Homeopathy recently hosted a special evening for its patients in Mumbai. The event was a gathering of doctors and patients, who successfully underwent treatment at the centre. Also present on the occasion were actors Govinda and Swwapnil Joshi, who unveiled the brand's new logo.

Appreciating the efforts of the team, Govinda said, "My mother always used to give me homeopathic medications. The best part of homeopathy is that it does not have any side-effects and cures the disease from the root."

Swwapnil said, "The entire family of the patient feels happy when the patient gets cured through effective treatment. It's nice to know that thousands of patients have been successfully treated here."

The event witnessed some emotional moments as patients spoke about their health issues and experiences of undergoing the Immunogenic Miasmatic 6th Generation Homeopathic treatment, and



(L-R) Dr More Raghu Prasad, Swwapnil Joshi and Govinda

Namma Homeopathy is a chain of homeopathic clinics in Karnataka and Maharashtra. With 21 clinics across India and more than 200+ highly qualified homeopaths, it treats various ailments including diabetes, thyroid disorders, PCOD, allergies, asthma, psoriasis, vitiligo, mental disorders, infertility and more.

Dr Prasad added, "We have 50+ experts doing research on new viruses, bacteria and lifestyle diseases, and finding effective formulas for treatment. The clinic specialises in homeopathy as the primary therapy and addresses the overall well-being of every individual. Our doctors spend quality time with patients for the correct diagnosis and provide them with world-class treatment. Our mission is to provide super speciality and cost-effective homeopathy treatment for curable and incurable chronic diseases."

their recovery process.

On the occasion, Dr More Raghu Prasad (Chairman & Managing Director, Namma Homeopathy), said, "There is nothing more gratifying than seeing the smiles on our patients' faces after they recover. We are committed to providing effective results to every single patient who comes to us."

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Brahma Brews offers creative pints that use fruits, spices or conventional grains to give them flavours that are difficult to replicate.

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Mango Cheesecake; (below) a shot of the ambience; (left) some of the dishes and drinks on offer

Stay updated on all the restaurants in Bengaluru, follow [bangaloretimes.food](#)

# Climate activists glue hands to Van Gogh frame

A pair of environmental protesters in Britain on Thursday glued themselves to the frame of a Vincent van Gogh painting on display at a London art gallery. The stunt, the latest direct action demonstration by climate change activists, saw the duo from the Just Stop Oil group glue their fingers to the Dutch master's *Peach Trees in Blossom*.

The oil on canvas work painted in 1889 is part of a Van Gogh collection hanging at the Courtauld Gallery at Somerset House in the British capital. It comes the day after five members of the group, which wants a halt to all new UK fossil fuel projects, were arrested over a similarly disruptive protest at an art museum in Glasgow. "We don't want to be doing this," Louis McKechnie, one of the pair claiming to have attached himself to the Van Gogh work, told onlookers at the London gallery, according to footage shared by Just Stop Oil.

"We are here and are glued to this painting - this beautiful painting - because we're terrified for our future," the 21-year-old added, noting he and his fellow activist expected to be arrested. "If there was any other way of getting the change we need, we would've done it - we've tried everything else."

AFP



The oil on canvas work painted in 1889 is part of a Van Gogh collection hanging at the Courtauld Gallery in London

**WE ARE GLUED TO THIS PAINTING BECAUSE WE ARE TERRIFIED FOR OUR FUTURE**

- Louis McKechnie

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PARAS

**DID YOU KNOW?**

The North Pole has no time zone

Humans do not live at the North Pole. And because there are no permanent settlements, it has not been assigned a time zone. People at the North Pole can choose to go by any time zone that is convenient. The closest permanently inhabited place is Alert, a military installation 965 kms to the south on Ellesmere Island in Nunavut, Canada, and it's in the Eastern Time Zone.

PANORAMA PRESENTS

ZEE STUDIOS, CINEROY & PANORAMA STUDIOS PRESENT A PANORAMA STUDIOS PRODUCTION

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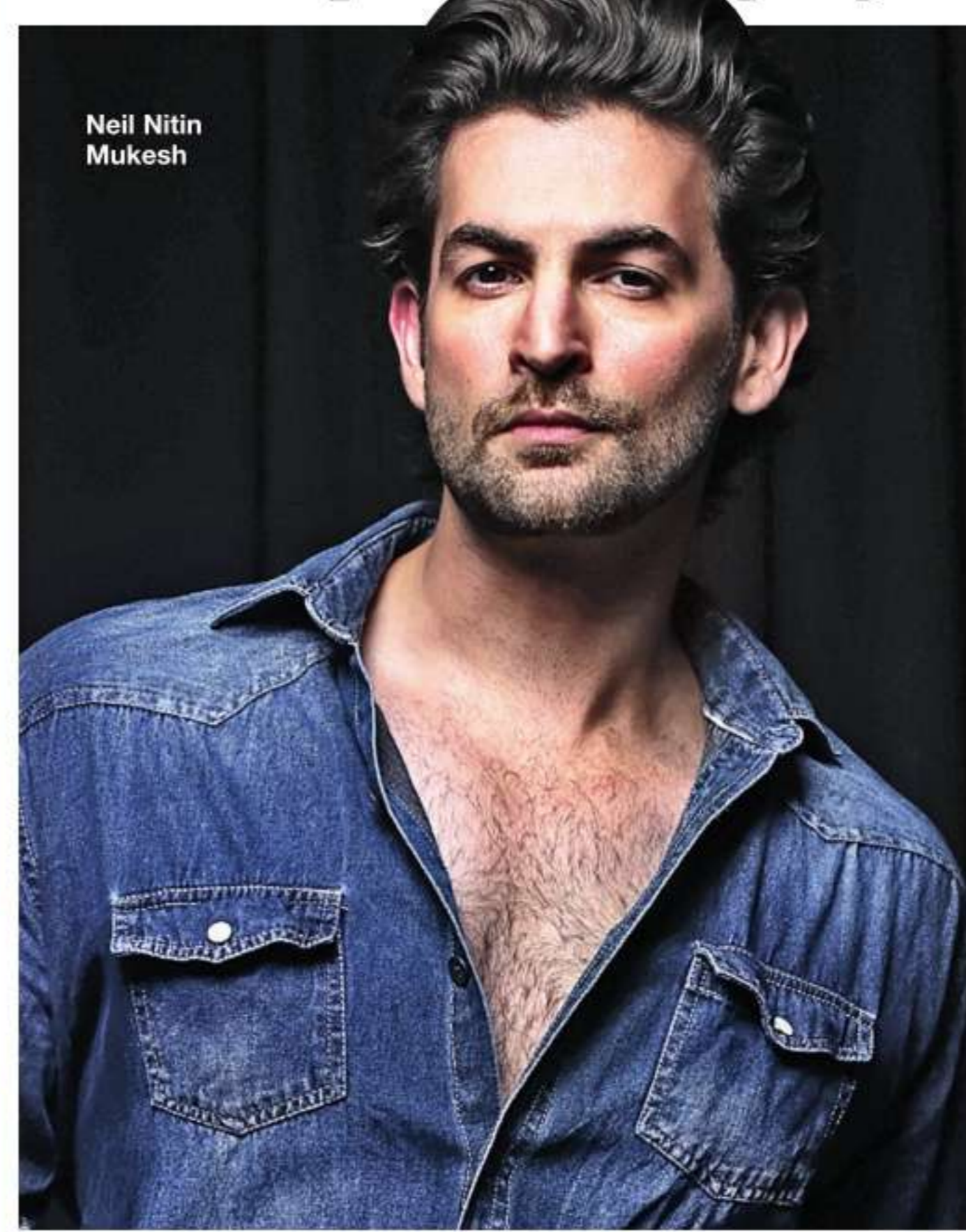
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PARAS

# In Bollywood, we have original ideas, but we prefer to play safe, says Neil



Neil Nitin Mukesh

...CONTINUED FROM PAGE 1

Through his choice of cinema, one can also gauge that the actor enjoys being a part of thrillers. In fact, his next, *Firrkie*, starring Jackie Shroff and Kay Kay Menon, belongs to the same genre. Neil says, "I feel that the thriller genre, which has a great scope, hasn't been really tapped well in Bollywood. There are various sub-genres, like psychological thrillers, political thrillers, horror thrillers and so on. Why aren't we exploring those? We are still remaking films instead of coming up with original ideas and content. In Bollywood, we have original ideas, but I feel that we prefer to play safe. This is why I am trying to explore something that I have faith in."

Reflecting on his unconventional debut, he says, "I think *Johnny Gaddaar* was the correct way to probably explain to people how I look at films, how important the language of cinema is for me, and as audience and artistes we need to progress with time. I am glad I didn't limit myself as an actor back then and I don't do that even now."

**MAKING MY DEBUT WITH JOHNNY GADDAAR WAS THE CORRECT WAY TO PROBABLY EXPLAIN TO PEOPLE HOW I LOOK AT FILMS AND HOW IMPORTANT THE LANGUAGE OF CINEMA IS FOR ME**

# Exercises for sound mental health

Pics: iStock



Strategy games have always been considered as great brain stimulators as they enable thinking in logical patterns. Keep switching between different games and complexity levels

For most people staying fit means being physically healthy. But true fitness is incomplete without sound mental health. It is as important to exercise our brain regularly just like we do a physical workout. Several studies have pointed out that co-ordinated physical activity and brain

**NEUROBIC EXERCISES**

These exercises are all about intentional stimulation of the brain for enhanced mental fitness and flexibility. Technically, a neurobic exercise means performing an ordinary task which involves the use of more than one of your senses at a time. Taking a shower with your eyes closed or using only visual cues while eating are two examples of neurobic training. This might require you to break routine habits, many times abruptly

**SOLVING PUZZLES**

The human brain continues growing all throughout a person's life. It has been found that even an 'old brain' can rewire itself and grow neurons or brain cells. Age-related memory loss is a result of lack of sufficient mental stimulation. Crossword puzzles, Sudoku and other such mentally-demanding puzzles stimulate the brain and help improve brain function and check cognitive decline. These exercises are particularly helpful in improving the left brain function which uses logic, known facts and is detail-oriented.

**CARDIOVASCULAR EXERCISES**

Cardio trainings have proven to be very effective in tipping mental fitness levels. They improve mental health and check the fall of brain cells with age. They are a good way to prevent age-related memory loss like in the case of Alzheimer's disease.

**RELAXATION TECHNIQUES**

Relaxation techniques, if employed systematically, can help you combat stress. Merely sleeping well for a few hours is not enough to tackle stress. Natural relaxation

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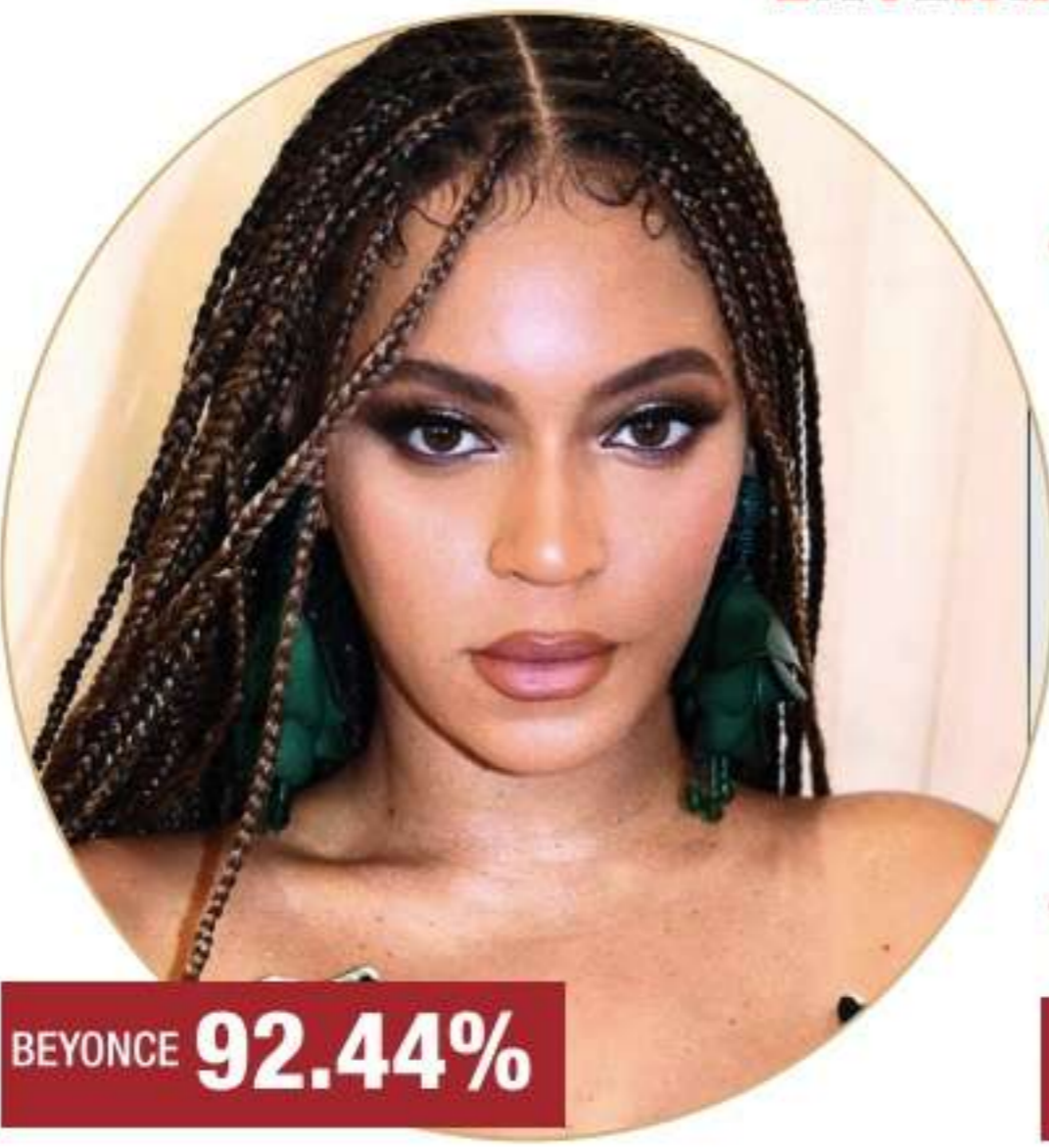
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farnazfever



BELLA HADID 94.35%



BEYONCE 92.44%



AMBER HEARD 91.85%

# Decoding the Golden Ratio of beauty

With a post about Amber Heard's face being considered among the 'best in the world' doing the rounds, we decode what the Golden Ratio is all about

Saptarna Biswas

Amber Heard has been in the news again, this time for having 'one of the most perfect faces', according to the Golden Ratio of Beauty Phi. An old post about a 2019 study by popular facial cosmetic surgeon Dr Julian De Silva from London, has been making rounds after the

Depp-Heard verdict. The study puts Amber third on the list of women with the most beautiful faces in the world. Bella Hadid tops the list.

Many have called out the study for setting illogical beauty standards that can have devastating effects on self-esteem at a time when body positivity is being embraced.

## FACIAL PROPORTIONS CAN'T BE SIMILAR FOR ALL, SAY COSMETIC SURGEONS

With an added boost from various facial symmetry filters on social media, cosmetic and plastic surgeons receive a good number of enquiries for such amendments. "Many people have turned to cosmetic amendments which are in sync with the Golden Ratio. People have opted for rhinoplasty, as the nose is the central feature of the face. Various facial implants are also used to heighten the perceived attractiveness and overall harmony of the face," shares Dr Anup Dhir, plastic, cosmetic and reconstructive surgeon from Apollo Hospital. He adds that most of the clients seeking corrections are from the age group of 35-45 years.

For some, the ratio may not be known, but the pursuit of symmetry still brings them to the professionals. Dr Sushil Nehete, consultant plastic surgeon at Wockhardt Hospital in Mumbai, shares, "Most clients do not know about the ratio, but they come to get that symmetrical face and are ready to undergo plastic surgery for the same. Many people opt for rhinoplasty, eyelid lift, chin, cheek, or jaw reshaping, facelift, and lip augmentation in that regard." While the ratio may look like it applies to all, doctors believe otherwise. "Every face doesn't have to respect all proportions. The ratio is a good indicator of trying to transform a face. But that doesn't mean we sit with calipers and try to restructure everyone's faces as per a particular mathematical proportion," says Dr Debraj.



TAYLOR SWIFT 91.64%

As per the study by Dr Julian De Silva, Bella Hadid, Beyonce, Amber Heard, Ariana Grande and Taylor Swift have the top five beautiful faces in the world

**Golden Ratio eyebrows:** It is a filter created by TikTok user Grace M Choi where the face is scanned and mapped by phone camera, and users can draw up perfect eyebrows with this

**Instagram Face:** There are filters that can show how you would look with high cheekbones, pore less skin, cat-like eyes and plump lips

**Kylie's lip challenge:** A viral trend, where social media users were using DIY techniques to plump up lips to make them look pouty. Several people ended up with painful and bruised lips because of this

**Slim-thick body:** Researchers define it as a full and curvy body type with a small waist and flat stomach. It was made popular by influencer Kim Kardashian

**Thigh gap:** Considered as an ideal shape of the legs where there is a visible gap between the thighs, and they no longer touch each other



ARIANA GRANDE 91.81%

## WHAT IS THE GOLDEN RATIO OF BEAUTY?

In the Renaissance era, artists like Leonardo Da Vinci, and architects used a mathematical equation to make their artwork scientifically perfect. It is denoted by the Greek letter 'phi'. Years later, scientists developed mathematical formulae and software to analyse facial features. Dr Debraj Shome, senior cosmetic surgeon and director, The Esthetic Clinics, explains, "First, the length and width of the face are measured, followed by dividing the length by the width. Then three other segments, namely the space between the hairline to a spot between the eyes, space from between the eyes to the bottom of the nose, and from the bottom of the nose to the bottom of the chin, are measured. If the numbers are equal, a person is considered 'more beautiful'. Finally, statisticians measure other facial features to determine symmetry and proportion."

## 'SUCH PURSUIT FOR PERFECTION MAY IMPACT MENTAL HEALTH'

Mental health experts believe that when many are trying to promote body positivity and acceptance, such standards of beauty may create an adverse impact on the mental health of vulnerable youngsters. "Widely publicised standards can have a large impact on a section of the population, resulting in more cases of anxiety and poor self-esteem. What follows may be unhealthy eating and exercising patterns, as well as long durations of time checking whether one conforms to the said standard of beauty," says Dr Sathya Prakash, senior consultant psychiatrist, Institute of Brain & Spine (IBS), New Delhi. He emphasises on diagnosis of eating disorders, body dysmorphic disorders and the likes due to this, thereby leading to unhappy and dissatisfied lives. "Many factors like bone structure, the way one's body stores fat etc, are not considered while trying to conform to these standards," he adds.

## WIDELY PUBLICISED STANDARDS OF BEAUTY CAN HAVE A LARGE IMPACT ON A SECTION OF THE POPULATION, RESULTING IN MORE CASES OF ANXIETY AND POOR SELF-ESTEEM

—Dr Sathya Prakash, senior consultant psychiatrist, Institute of Brain & Spine (IBS), New Delhi



BEAUTY TRENDS THAT WENT VIRAL

## Krutika Khira is happy to fulfil her father's dream of becoming an actor

It's time for a walk down memory lane in *Harphoul Mohini*, as the upcoming track will revolve around Maa's (Supriya Shukla) struggle of raising her children after her husband passes away. The makers have roped in Krutika Khira to play the young Maa. The actress, who has done cameos in *Kabhi Kabhie Ittefaq Sey* and *Kaamna*, is excited about the new opportunity. She says, "It may be a cameo, but I am the lead character in this track. You reach your goal by taking small steps. If I had not taken cameos or waited for the lead role, I would have struggled longer. God willing, I will play the protagonist in the future."

She says, "My father wanted to become an actor, but he couldn't pursue it because of lack of family support and financial aid. He feels happy to see me on screen." — Neha Maheshwari



Krutika Khira

## DID YOU KNOW?

Bhaag Milkha Bhaag was first offered to Akshay Kumar

Farhan Akhtar's *Bhaag Milkha Bhaag* was one of the most successful films of 2013. But Farhan wasn't the first choice for the film; Akshay Kumar was. Akshay said, "I was offered *Bhaag Milkha Bhaag*, but I opted for *Once Upon A Time In Mumbai Dobaara*... I regret not doing that film."



Akshay Kumar; (right) Farhan Akhtar in a still from *Bhaag Milkha Bhaag*

**SOLUTIONS TO GAMES AND PUZZLES**

**TIMES SUDOKU**

2	8	9	5	4	6	3	1	7
6	3	7	9	2	1	5	4	8
4	5	1	7	3	8	6	9	2
1	6	8	3	7	5	9	2	4
9	2	5	6	4	1	7	3	8
3	7	4	1	9	2	8	5	6
7	9	2	5	3	4	8	1	6
5	1	3	4	8	7	2	6	9
6	4	6	2	1	9	7	3	5

**LOOP THE LOOP**

**TIMES KAKURO**

**SPELLATHON**  
berth, birth, heir, herb, hire, REBIRTH, their

**MINDBENDER**  
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**SCRAMBLE**

Words: Emcee, blood, doubly, valved  
Answer: The important thing was to love rather than to be loved

— W. Somerset Maugham

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# Mahhi-Jay lodge a police complaint against cook for threatening them



Jay Bhanushali and Mahhi Vij with their daughter Tara

WHEN WE ASKED HIM TO LEAVE, HE STARTED ABUSING US, LATER HE MADE A DRUNK CALL TO ME AND THREATENED TO KILL US

— Mahhi Vij

Hasti Doshi

Mahhi Vij recently shared on Twitter that her cook abused her and her husband, Jay Bhanushali, and threatened to kill them and their daughter, Tara. The couple has filed a police complaint against the cook. When she spoke to Mahhi about it, she said, "We had hired him through an agent, and he worked at our home just for three days. The agent said he is good at his work and the cook, too, told us that he had a kid to look after and needed a job. Usually, I am more comfortable hiring female help, but I thought he was in need and has a child, so as parents, we felt we should hire him."

Apparently, from the first day, he started turning off the cameras in the house. Mahhi said, "We told him not to do that. At that time, Jay doubted his intention, but we let it pass. The next day, Tara's nanny saw him opening my purse and peeking into it. She informed me and I asked him why he did that. He lied to me, saying he didn't open my bag and got a little argumentative, so I called Jay, who was in the gym at the time. Jay immediately returned home, gave him his dues and asked him to go. He started abusing us. Jay didn't want it to get ugly, so we asked the security to take him away."

She says the cook later made a drunk call to her and started abusing her on the phone. She said, "He started abusing me and said that he would kill my family and me for removing him from the job. He said he would bring people from his hometown and kill us with a *khanjar*."

Mahhi added, "I recorded the call and approached the Oshiwara police (in Mumbai), after which an FIR was filed against him on June 29. They have caught him now, but his family called us saying they will get him released on bail. I went to the police yesterday and explained that it is unsafe for us. I am most cried at the police station."

Mahhi and Jay are leaving for London for work for four days, and she is worried about leaving her three-year-old daughter behind in such a situation. She added, "I was planning to leave Tara at my mother's place or my best friend's home, but I am worried now."

When we contacted Oshiwara police, an official said, "The cook has been arrested under Sections 506 and 509 of IPC and further investigation is on."



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**Aries**  
The entry of Mars in your sign makes you very quick tempered. Control your emotions if you desire to capitalise on opportunities. With Mercury, planet of self-expression, now gathering force in your house of communications, and putting a positive spin on interactions, in general, and on your special partnership, in particular, differences can be resolved and plans carried forward together. Move ahead with any bright ideas and innovative solutions that you've been working on.

**Taurus**  
Let events unfold and follow where they lead. You'll find at work you have your finger fully on the pulse. As proof, your insights are valued by those in charge. Socially and romantically, this is a week of great promise. The stars are on your side this week. Your magical powers are reawakening. This is an ideal time to get involved with groups who do share your interests.

**Gemini**  
A soft approach this morning is the best way to get people on your side - especially if you need favours from those in charge. Don't expect an early reply. Work around whatever hiccup arises; with a steady mood you'll come out on top. You have all kinds of money-making plans in mind. Gather resources and take changes in your stride.

**Cancer**  
Double check all details if making important decisions about shared property, taxes, debt, inheritance matters and insurance issues. Important discussions with partners and close friends are subject to confusion today. Initially, they start off with a lot of mutual sympathy and understanding. Nevertheless, something can slip off the tracks, making you feel perplexed and at a loss.

**Romedy NOW**  
Love. Laugh. Live.

**Leo**  
It is possible that your expectations are unrealistic, or may be you are being too casual. Have respect for your hard-earned money and double check everything to do with your finances. Idealism is a wonderful thing, but you also have to pay the bills and face reality. Make sure you know what you are doing. Whether it's friends, family or colleagues, seek out companions who see the world like you do, who want to explore and who, physically or intellectually, are looking for adventure. Wider horizons are calling.

**Virgo**  
Sharp, original and sparkling with new ideas, your week gets off to a brisk start. People get caught up in your enthusiasm and passion. There are benefits in store both in physical and material terms as a powerful emphasis is put on close ties, financial affairs and gains through others' generosity. Expect a change of mind-set over the next few weeks. Your search for deeper meaning now draws you closer to someone special.

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**SUDOKU CHALLENGE**  
Level: Medium

		9		4		3		
6								8
			7	3	8			
1	6		3	5	2	4		
3	7		1	2		5	6	
			6	5	3			
5								9
		6		1	7			

**How To Play**  
Fill in the grid so that every horizontal row, every vertical column and every 3x3 box contains the digits 1-9, without repeating the numbers in the same row, column or box. You can't change the digits already given in the grid. Every puzzle has one solution.

**GARFIELD**

Garfield is shown in various panels, including one where he says "FOR INSTANCE, I'M ON MY WAY TO..." and another where he says "OR MAYBE I'M THERE".

**WIZARD OF ID**

Wizard of Id comic strip panels featuring a wizard and a troll. One panel says "THE LOST CAVE OF TROLL VALLEY" and another says "PREPARE YOURSELF, WIZARD!".

**STAR BIRTHDAY**  
CANCER: RANVEER SINGH  
JULY 6, 1985

**Libra**  
You may be at a loose end today when people and plans simply don't gel. If life isn't running quite as smoothly, or as predictably as you would like, take matters in hand. Write lists, organise rotas, get a new routine going. Look out for a fresh business opportunity, do your research but don't sign carelessly anywhere. Don't be discouraged if you have to change your plans, or if a domestic matter doesn't come together. Step

**LOOP THE LOOP**

Rules:  
■ Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A).  
■ Crossovers or branches are not allowed (As shown by dotted lines in Fig B).  
■ Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines.  
■ You can't draw lines around zeroes.  
■ Each puzzle has just one unique solution.

How to begin:  
Example (Fig A) — Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a deadend (Fig B).

**BEETLE BAILEY**

Beetle Bailey comic strip panels showing Beetle Bailey and Sarge. One panel says "I'LL GET YOU" and another says "WATCH OUT, SARGE!".

**HÄGAR THE HORRIBLE**

Hagar the Horrible comic strip panels featuring Hagar and Dr. Zook. One panel says "DR. ZOOK IS SENDING ME TO A WEIGHT-LOSS SEMINAR." and another says "I HAVE TO STAY THERE FOR THREE DAYS!".

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**Scorpio**  
If you've recently locked horns with a higher-up, had hassles over an official matter, or felt disillusioned with your job, tread carefully to avoid potential problems being stirred up again. You may still be keeping a low profile, wanting to work quietly on your own, needing space to think and focus on business and finances, or simply taking time out. In fact, with Venus still in the seventh house, tantalising a desire for entertainment and fun, a day out would suit you nicely indeed. Though you may be out to get a semblance of normality back into your routine, it may feel you're fighting a lost battle. Poor health - yours or that of a friend or colleague - may slow you down.

**Sagittarius**  
Given the pressure at work and the difficulties you are experiencing from a certain person, it wouldn't be surprising if you felt like throwing in the towel. But a job's a job and you have other subtle ways to get around the problem. Get together with friends this evening and blow off steam. The time spent with a friend is reassuring and may draw you closer. Avoid picking over old wounds.

**Capricorn**  
Socially, your life is opening up big time and you are likely to make more friends and enjoy more sports and leisure pursuits over the next few weeks. Sort out finances, and do some hard work. You may come up with a solution that may help resolve a domestic situation. With so much good fortune in the air, trying your luck could bring results.

**Aquarius**  
With so much to organise at home, including minor repairs and pending financial matters, social plans need to be put on hold. With collaborative projects, errors are difficult to detect. So, stay sharp. Domestic activities look like they are set to multiply. Try your hand at more elaborate projects, welcome visitors from afar. Cheer up and put everything back into perspective.

**Pisces**  
Financially, the emphasis is on making fast profits, and creatively, it's on expressing your real talents. Praise and recognition from those above boosts your confidence. Take this opportunity to ask for that favour. Although work is going well, a certain relationship is still tricky. Whether it's job-related or personal, it's time to reassess a certain relationship and put aside differences. With top-level changes coming into play, a new attitude allows you to get so much more done. A constructive approach to both work and money is called for now.

back from the mess and confusion. With a bit of lateral thinking, you'll come up with a solution that excels.

**Manasa Varanasi** - Femina Miss India World 2020

**Shivani Jadhav** - Femina Miss Grand India 2019

**Suman Rao** - Miss World 2019 - 2nd Runner-up and Miss World Asia 2019

**Deepika Padukone**

**Abhishek Bachchan**

A play that explores failure and hope in the world of entertainment

Featuring over 22 cast members from seven to 70 years, *Taramandal* shows how one can dream at any age and the power a creative person wields



and is not just one story. Neel has kept the narrative of *Patol Babu Filmstar* intact, but has also added several stories about the failures of people in different age groups in the entertainment industry. From school, when you get selected for an audition, during college when you are not allowed to pursue theatre to a working mother juggling her career and not making it big...through characters like these, the entire story is played out.

Premiering this Sunday, the play features over 22 cast members from seven to 70 years. As part of the play, there will be live music, and dance numbers including kathak and contemporary performance.

While *Taramandal* has been performed earlier by different theatre groups, Tahera shares that in this version, she has focussed on what she wants to tell people. "In this play, there is happiness, joy, some tears, the innocence of a child, and most importantly, hope. It teaches you that one can dream at any age and also that even if it's just a syllable for a dialogue, a creative person can create wonders with it."

Lasting two hours, the play features stories from different parts of India and has dialogues in English, Hindi, Kannada, and Bengali as well. Tahera says, "It is a fun script

**IN THIS PLAY, THERE IS JOY, HAPPINESS, SOME TEARS, THE INNOCENCE OF A CHILD, AND MOST IMPORTANTLY, HOPE. IT TEACHES YOU THAT ONE CAN DREAM AT ANY AGE**

**MINDBENDER**  
Imagine a twelve by twelve square. How many rectangles of any size can you construct from it?

**SCRAMBLE**

CMEEE  
BDLOO  
OUYBDL  
ADELVV

Rearrange the letters in the four word jumbles, one letter to each square/circle, to make four ordinary words

**How To Play**  
Now arrange the letters in the circles to form the answer to the riddle or to fill in the missing word as indicated

The important thing was to \_\_\_ rather than to \_\_\_ - W. Somerset Maugham (4,2,5)

**SPELLATHON**

Today's Ratings: 04-average | 05-good | 07-outstanding

How many words of four or more letters can you make from the letters shown in today's puzzle? In making a word, each letter may be used only once. Each word must contain the central letter. There should be at least one seven letter word. Plurals, foreign words and proper names are not allowed. British English Dictionary is used as reference.